

FBC TODAY

UNLEASHING THE GOSPEL



 First Baptist Church Subang Jaya

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 First Baptist Church Subang Jaya

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THE SABBATH REST

Today most Christian keeps the Sabbath as the Lord's Day. The word "Sabbath" goes back to a Hebrew root meaning "to cease" or "to stop." God commanded the Israelites to stop their work so they could rest, refresh, and refuel. Biblical history teaches us that when God freed his people from slavery in Egypt, he gave them the gift of rest, and so the Jews followed the pattern of

keeping the seventh day holy. So, the question is not whether Israel should have kept the Sabbath under the old covenant, but whether Christians should do so today? When we observe the Sabbath, we are reminded of two lovely things. One is that all true blessings are the result of his grace, not our effort. The other is that we honor him and keep the day holy of the week in order to

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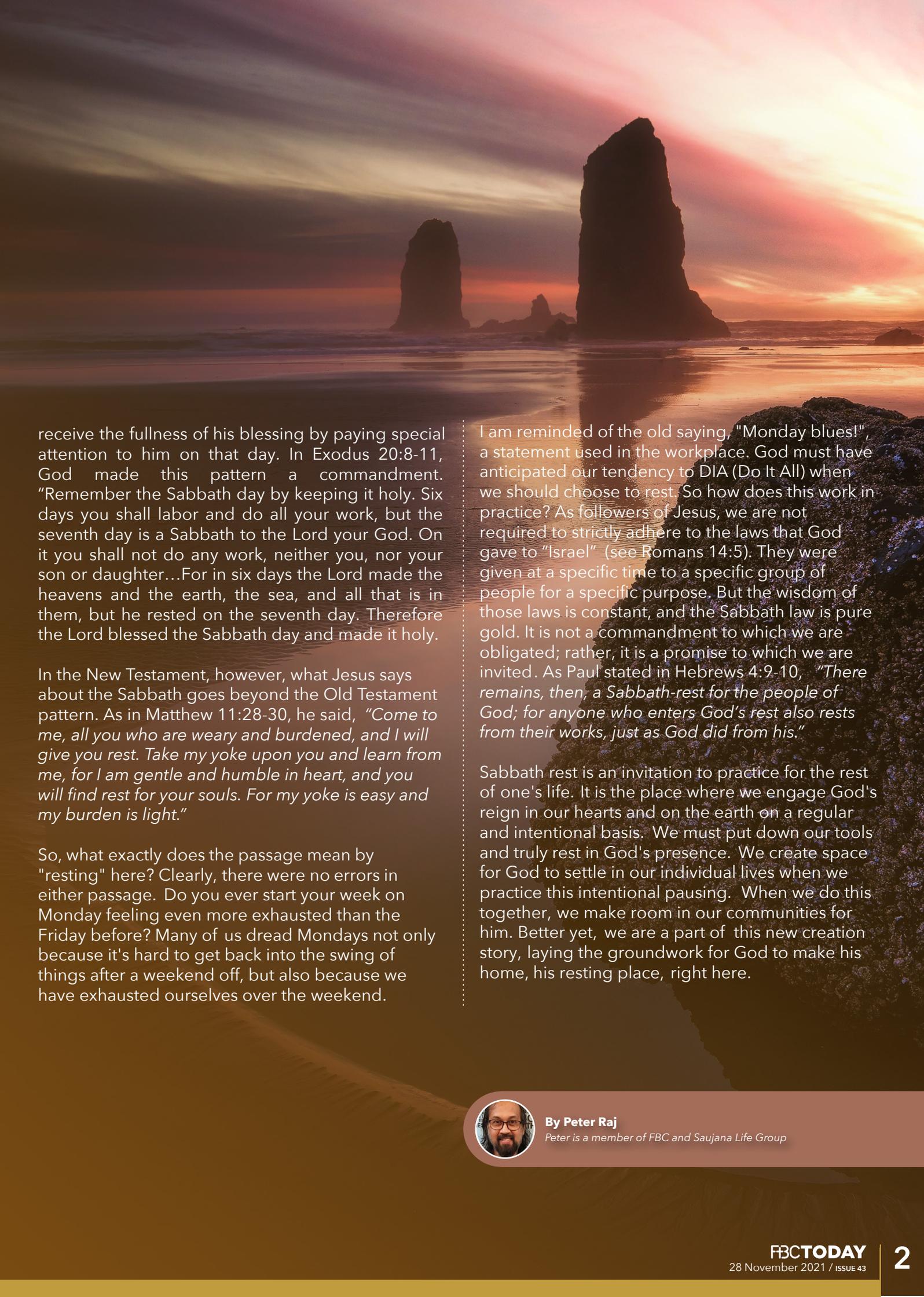


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receive the fullness of his blessing by paying special attention to him on that day. In Exodus 20:8-11, God made this pattern a commandment. "Remember the Sabbath day by keeping it holy. Six days you shall labor and do all your work, but the seventh day is a Sabbath to the Lord your God. On it you shall not do any work, neither you, nor your son or daughter...For in six days the Lord made the heavens and the earth, the sea, and all that is in them, but he rested on the seventh day. Therefore the Lord blessed the Sabbath day and made it holy.

In the New Testament, however, what Jesus says about the Sabbath goes beyond the Old Testament pattern. As in Matthew 11:28-30, he said, "Come to me, all you who are weary and burdened, and I will give you rest. Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. For my yoke is easy and my burden is light."

So, what exactly does the passage mean by "resting" here? Clearly, there were no errors in either passage. Do you ever start your week on Monday feeling even more exhausted than the Friday before? Many of us dread Mondays not only because it's hard to get back into the swing of things after a weekend off, but also because we have exhausted ourselves over the weekend.

I am reminded of the old saying, "Monday blues!", a statement used in the workplace. God must have anticipated our tendency to DIA (Do It All) when we should choose to rest. So how does this work in practice? As followers of Jesus, we are not required to strictly adhere to the laws that God gave to "Israel" (see Romans 14:5). They were given at a specific time to a specific group of people for a specific purpose. But the wisdom of those laws is constant, and the Sabbath law is pure gold. It is not a commandment to which we are obligated; rather, it is a promise to which we are invited. As Paul stated in Hebrews 4:9-10, "There remains, then, a Sabbath-rest for the people of God; for anyone who enters God's rest also rests from their works, just as God did from his."

Sabbath rest is an invitation to practice for the rest of one's life. It is the place where we engage God's reign in our hearts and on the earth on a regular and intentional basis. We must put down our tools and truly rest in God's presence. We create space for God to settle in our individual lives when we practice this intentional pausing. When we do this together, we make room in our communities for him. Better yet, we are a part of this new creation story, laying the groundwork for God to make his home, his resting place, right here.



By Peter Raj

Peter is a member of FBC and Saujana Life Group



LG Splash Featuring Joyful Seniors Life Group



Tell us about Joyful Seniors

The Joyful Seniors LG was formed on 12th April 2021. Presently, it is made up of 15 members, aged between 50-80 years old. It was formed for seniors to meet, eat and have regular, joyful fellowship with each other in an atmosphere of warmth, laughter and music. We hope that we will grow in Christ together, into our sunset years, as a family.

We met once physically in Brother Ming Tian's house and subsequently on Zoom because of the MCO. We meet once every 2 weeks on Saturdays at 4pm.

We are blessed to have Brother Andrew Khoo as our LG leader cum worship leader, Sister Elaine Yap as co-leader, and Bro. David Ng as our spiritual leader. Of course, we also have all our enthusiastic brothers and sisters, without which The Joyful Seniors LG cannot be what it is today.

What is it like to be part of Joyful Seniors?

We uphold each other in love, care and concern besides interceding in prayer for each other as a group during good and bad times.

Share some of the ways that Joyful Seniors has grown.

Praise the Lord, our LG has witnessed through a sister's sharing that for 16 years, she had been angry over her husband's uncaring ways when she needed him the most. God released her of her burden and both she and her husband are now a happy couple in the Lord!

We also witnessed God's miraculous healing of a brother, who suffered from 4th stage terminal cancer after he accepted the Lord 9 years ago. We also have another brother who suffered a financial fallout and was nearly jailed, but he received God's grace which led him out of his chaos and into the light.

We thank and praise God for His presence with our LG, The Joyful Seniors!

What would Joyful Seniors say to someone who is not yet part of a Life Group?

All who are interested to join us are most welcomed. Please contact Brother Andrew Khoo at 0124102828. ☎

Join A Life Group Today! 

| Pulpit Program

November 28, 2021
Feeding the 5000
(Matthew 14:13-21)



PREACHER
Pastor Joash Chan

December 5, 2021
Joy! Because He Came
(John 16:16-28)



PREACHER
Pastor Massimo Gei

December 12, 2021
Walking on Water
(Matthew 14:22-35)



PREACHER
Lee Yee Dian

December 12, 2021
They Will Live Securely Under King Jesus
(Micah 5:1-4)



PREACHER
Dr Kyle Essary

| Worship with Us



MAIN SERVICE
| ZOOM |
Sundays 8:45am & 11:15am



YOUTH SERVICE
| ZOOM |
Sundays 9:00am



SUNDAY SCHOOL
for Ages 0-12yrs
| ZOOM |
Sundays



Call office to know more:
03-5621 2623

PRAYER SPOTLIGHT



Prayer for Pastors,
Elders, Leaders and
Staff of FBC

1. Thanksgiving for the obedience to heed the call of God upon their lives as shepherds over the flock in FBC. Pray that God will keep them and their families safe from accidents and sicknesses and strengthen their faith.
2. They will hear the voice of the Good Shepherd, having fresh encounters and deepening intimacy with God.
3. Grant discernment of God's pleasing and perfect will through the renewal of their minds by Holy Spirit
4. Give boldness and wisdom to walk in God's will in their lives, in every ministry in the church, so that they will always be in full alignment with God.

| Upcoming Events



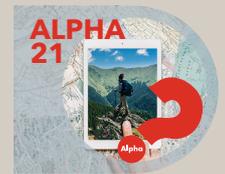
SPECIAL MEETING
FBC (E) AGM Meeting Zoom Online
28 November 2021 (Sunday)
2.15pm
Zoom ID: 998 6435 6581
Password: fbceagm
[CLICK HERE](#) to refer to the meeting agenda.



VBS Registration Is Open
Our very first Online VBS is happening on Zoom from 13 to 17 December 2021!
For children aged 4 to 12 years.
[CLICK HERE](#) to register.
For enquiries, please email vbsfbcsubang@gmail.com



GAMMA 18
Romans
From Wretchedness To Righteousness
Every Wednesday
For more information, contact Church Office at 03-5621 2623



ALPHA 21
Is There More to Life Than This?
Alpha 21 will begin on 6 January 2022.
Every Thursday
8:00pm
[CLICK HERE](#) to register for the next Alpha program.



BETA
Laying the Foundation of Christian Walk
Every Thursday
8:00pm to 9:45pm
For more information, contact Lammy Tan (012-386 8460) or John Tay (012-212 3099)



MONTHLY ZOOM PRAYER MEETING
Monthly Prayer Meeting
27 November 2021 (Saturday)
2:00pm to 3:30pm
Zoom ID: 869 8003 5137
Password: pray



DAILY ZOOM PRAYER MEETING
Daily Prayer Meeting
Every Saturday to Saturday
9:00pm
Zoom ID: 929 735 694
Password: pray

More Information on Upcoming Events